



PERSONAL DEVELOPEMNT

Achieving your full potential

- ▶ Participants will gain a greater understanding of boosting their self-esteem, motivation, managing anger, overcoming anxiety, procrastination. This course enables to discover your inner self, personality, creativity, spontaneity, and overcome weaknesses to excel in the real world through highly transforming and interactive sessions.

Strong Willed

Creative

Motivated

Determined

Responsible



COURSE FOCUS:

- Meaning of personal development personality
- Self-discovery i.e. identifying strengths and weaknesses through assessments.
- Psychometric Testing Assessments.
- Learn about skills, personality, areas to work on and career options
- How to improve on weak areas identified through assessments?
- Develop short term and long term goals turning vision into reality

Day 3 (Optional)*: Detailed one-to-one coaching and counseling sessions

Who should attend?

Customer representatives, IT & technical professionals, junior to mid-level executives, managers or anyone who need to develop the interpersonal and communication skills necessary to communicate their knowledge to those around them.



Date:
April 12-13, 2016
(Tuesday & Wednesday)
Individual Counseling Session
on April 14, 2016 (Thursday)



Timings

09:00 am to 05:00 pm



Venue

IBA City Campus



Training Investment

PKR 20,000/-

(inclusive of training material & certificate)

Optional One-to-one coaching:
PKR 5000 per hour

Skills Development Program

Adding Skills to Experience

ance: Using Mnemo



▶ Trainer's Profile:

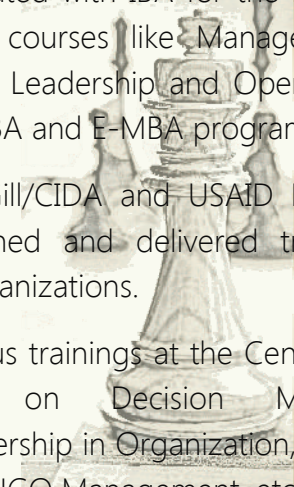
Dr. Shahid Raza Mir

Dr. Shahid Mir is a Fulbright Post-Doc. Research Scholar and with a PhD degree in Management.

Dr. Mir has been associated with IBA for the last 14 years teaching various courses like Management, Organizational Behavior, Leadership and Operations Management to BBA, MBA and E-MBA programs.

Dr. Mir is a LUMS/McGill/CIDA and USAID Master Trainer and has designed and delivered training programs for various organizations.

He has conducted various trainings at the Center for Executive Education on Decision Making, Interpersonal Skills, Leadership in Organization, Good Management, Strategy, NGO Management, etc.



Registration forms & fee challans are available at our website. Fee is to be deposited in cash / pay order in any branch of FAYSAL BANK Ltd., A/C No. 110-2162113-006. No fee will be accepted in cash/cheque at our office.



For information & registration: SKILLS DEVELOPMENT PROGRAMS

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