



Mediation Training Program



August 25 – 29, 2025



NIBAF, Islamabad



Program Overview

This 5-day Domestic Mediation Workshop is designed to equip participants with the core skills and knowledge to mediate disputes effectively. It provides a structured approach to mediation, introducing participants to the principles, techniques, and ethics involved. Through interactive learning, including role-plays and assessments, participants will gain practical experience in resolving disputes in a controlled, professional setting. The workshop aligns with recognized mediation frameworks, focusing on domestic dispute resolution.

PROGRAM LEARNING OUTCOMES

By the end of the 5-day Domestic Mediation Workshop, participants will be able to:

1. Understand Mediation Frameworks:

- Grasp the principles, processes, and legal aspects of mediation.
- Differentiate between mediation and other forms of dispute resolution.

2. Develop Key Mediation Skills:

- Exhibit active listening, effective communication, and negotiation techniques.
- Build rapport, manage emotions, and guide constructive dialogue between disputing parties.

3. Apply Problem-Solving Strategies:

- Use interest-based negotiation strategies to find mutually beneficial solutions.
- Apply creative approaches to manage complex disputes and overcome deadlocks.

4. Handle Ethical Challenges:

- Apply ethical principles of neutrality, confidentiality, and impartiality.
- Navigate power imbalances and cultural differences in domestic disputes.

5. Practical Mediation Experience:

- Demonstrate mediation skills in simulated role-play sessions.
- Receive constructive feedback to assess and refine mediation techniques.





Post-Program Assessment

Written Assessment

- Covers key theoretical concepts of mediation, ethical issues, conflict management styles, and case studies.
- Participants will answer multiple-choice questions, short answers, and scenario-based questions.

Role-Play Assessment

- Participants will undergo a formal evaluation based on a final mediation role-play session.
- The role-play assessment will be observed by trainers, with feedback provided on performance.

Key Features

Duration: 5 Days (40 hours)

Format: Interactive workshops, role-plays, case studies, group discussions

Assessments: Written and role-play evaluations

Target Audience: Professionals from all backgrounds, HR and Legal practitioners, and individuals interested in mediation



Fee Structure

PKR 350,000 /- (plus 5% SST)

Residential Fee: PKR 15,000/- per night



For Registration

**SCAN
HERE**

Contact Us



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